



### Competition performance

22 top three finishes in TTCA sponsored tournaments since 1998.

Most Recent Appearance: Fall 2008.

1<sup>st</sup> World Championship Individual Forms at World Taekwondo Hanmadang, Anaheim, CA 2008.

1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>, 1<sup>st</sup> Extreme Grappling Open (BJJ), Indianapolis, IN 2007.

1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>, and 3<sup>rd</sup>, Grand Champion Point Sparring, Grand Champion Continuous Sparring at Battle of the Stars (TKD), Bedford, IN 2006.

2<sup>nd</sup> at Horangi Cup (TKD), Greencastle, IN 2004.

3<sup>rd</sup> at Horangi Cup (TKD), Greencastle, IN 2002.

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> at Battle of the Stars (TKD), Bedford, IN 2002.

3<sup>rd</sup> and 4<sup>th</sup> at Horangi Cup (TKD), Greencastle, IN 2001.

1<sup>st</sup> and 2<sup>nd</sup> at Battle of the Stars (TKD), Bedford, IN 2000.

1<sup>st</sup> and 3<sup>rd</sup> at Battle of the Stars (TKD), Bedford, IN 1999.

### Additional Certification

2003-Present            CPR/AED (American Heart Association)

### Current Professional Martial Arts Experience

2006-Present            Private Instructor – Indianapolis, Indiana

Classes instructed:

Tae Kwon Do

Hap Ki Do

Li'l Dragons

2002-Present            GMA Board of Directors

2000-Present            Instructor

GMA – Martinsville, Indiana.

Classes instructed:

Beginning Tae Kwon Do

Yellow Belt Tae Kwon Do

Green Belt Tae Kwon Do

Advanced Belts Tae Kwon Do

Combined Belts Tae Kwon Do

Beginning Hap Ki Do

Combined Belts Hap Ki Do

### **Previous Martial Arts Experience**

1998-1999            Assistant instructor  
                          DePauw University  
                          Course assisted:  
                          Beginning Karate (Tae Kwon Do)

### **Community Service**

2001-Present        Participated in instructional seminars at community festivals,  
                          charity events, etc.  
  
2002                    Instructor of after-school program for Poston Road Elementary  
                          School (Martinsville, IN). Oversaw 3 week Tae Kwon Do  
                          program for 80-90 K-5 students.

### **Additional Experiences in Instruction or Leadership**

2008-2009            Martial Arts Supervisor (Cinema Lexzikon. “Dark Matter”).  
                          Responsible for fight choreography and safety of  
                          actors/actresses.  
  
1999                    FITS Consultant (Faculty Instructional Technology Support) at  
                          DePauw University. Consulted faculty in using technology  
                          to improve the learning experience in a classroom  
                          environment.  
  
1998                    Workshop Instructor. Taught several computer-oriented  
                          workshops.  
  
1995                    Eagle Scout Rank received from the Boy Scouts of America.

### **Film Appearances**

2007                    Demons Rising (Nakudo, Assistant Action Choreographer)  
2005                    Bound by Blood. (Louis)