

Competition performance

29 top three finishes in TTCA sponsored tournaments since 1998.

Most Recent Appearance: Spring 2013

2nd Michigan Open (BJJ), Detroit MI 2010

1st World Championship Individual Forms at World Taekwondo Hanmadang, Anaheim, CA 2008.

1st, 2nd, 2nd, 1st Extreme Grappling Open (BJJ), Indianapolis, IN 2007.

1st, 1st, 1st, and 3rd, Grand Champion Point Sparring, Grand Champion Continuous Sparring at Battle of the Stars (TKD), Bedford, IN 2006.

2nd at Horangi Cup (TKD), Greencastle, IN 2004.

3rd at Horangi Cup (TKD), Greencastle, IN 2002.

1st, 2nd and 3rd at Battle of the Stars (TKD), Bedford, IN 2002.

3rd and 4th at Horangi Cup (TKD), Greencastle, IN 2001.

1st and 2nd at Battle of the Stars (TKD), Bedford, IN 2000.

1st and 3rd at Battle of the Stars (TKD), Bedford, IN 1999.

Additional Certification

2003-Present CPR/AED (American Heart Association)

Current Professional Martial Arts Experience

2006-Present Private Instructor – Indianapolis, Indiana

Classes instructed:

Tae Kwon Do

Hap Ki Do

Li'l Dragons

2002-Present GMA Board of Directors

2000-Present Instructor
GMA – Martinsville, Indiana.

Classes instructed:

Beginning Tae Kwon Do

Yellow Belt Tae Kwon Do

Green Belt Tae Kwon Do

Advanced Belts Tae Kwon Do

Combined Belts Tae Kwon Do

Beginning Hap Ki Do

Combined Belts Hap Ki Do

Previous Martial Arts Experience

1998-1999 Assistant instructor
 DePauw University
 Course assisted:
 Beginning Karate (Tae Kwon Do)

Community Service

2001-Present Participated in instructional seminars at community festivals,
 charity events, etc.

2002 Instructor of after-school program for Poston Road Elementary
 School (Martinsville, IN). Oversaw 3 week Tae Kwon Do
 program for 80-90 K-5 students.

Additional Experiences in Instruction or Leadership

2008-2009 Martial Arts Supervisor (Cinema Lexzikon. “Dark Target”).
 Responsible for fight choreography and safety of
 actors/actresses.

1999 FITS Consultant (Faculty Instructional Technology Support) at
 DePauw University. Consulted faculty in using technology
 to improve the learning experience in a classroom
 environment.

1998 Workshop Instructor. Taught several computer-oriented
 workshops.

1995 Eagle Scout Rank received from the Boy Scouts of America.

Film Appearances

2009 Dark Target (Assistant Action Choreographer)
2007 Demons Rising (Nakudo, Assistant Action Choreographer)
2005 Bound by Blood. (Louis)