



# Gentry Martial Arts

## May 03 News

*This issue is dedicated to making everyone aware of many of the details concerning lots of upcoming events.*

### **Break-a-thon and school picnic**

Our goal is 1600 dollars to keep and possibly expand our scholarship program. The break-a-thon is also a great teaching opportunity and we will practice some breaks not normally covered in class for testing requirements. It is basically a free clinic while doing a community service at the same time. Then we will finish with a picnic and fun/games. We will hold it at Jimmy Nash Park, just blocks off the square in Martinsville—shelter number 5. (Look for our banner).

Be there at 11:00 am for registration and instruction. Breaking starts at noon. We will try to eat around 1:00. We will play games and such till around 3-4. Once again, please sign up so we know how many boards are required and what everyone is bringing to the picnic. **(reminder—TKD—white belts desserts, yellow belts stuff to grill, green belts side dishes, upper ranks desserts; Hapkido—drinks and such.) We also need some grills to use, so if you have a grill or can help transport a grill, please let an instructor know this week!** Hope to see everyone on Saturday.

### **Hapkido Buddy night and Matrix outing—Friday May 23rd**

Hapkido students can bring a friend to class that evening and GMA will pick up the tab for both you and your friend to come watch the Matrix with us that evening. Then watch Mr. Miller duplicate all the moves in the movie 😊

### **Black belt club outing on May 31<sup>st</sup>.**

TKD class is at 9:00 am our time, so plan on leaving around 7:00 in the morning. Carpools will be available, we will be having a sign up for it as the event approaches. Hapkido BBC members will be given a later time to arrive if you are not taking the TKD class.

### **TTCA summer camp and testing**

Applications for the TTCA summer camp are available and need to be turned in by the end of the month. The camp is June 13<sup>th</sup>, 14<sup>th</sup>, 15<sup>th</sup>. The next TTCA testing will be at summer camp on that Saturday. You may test even if you are not attending the camp.

Students have the option of either staying in the barracks (indoors) or sleeping at a nearby camping site for the additional cost of the site (usually 10 bucks if shared). You need your own tent, etc, but the advantage is it a little easier to go to sleep. GMA will reserve a block of campsites so we can camp together, but we need to know how many people, tents, etc. Please specify tents or barracks when you turn in your information.

*Children without parental or surrogate supervision MUST stay in the barracks where there will be “counselors”.*



## **GMA Day Camps**

Don't forget GMA is taking reservations for the daycamps now. Space is limited and some are starting to fill. The first one is the Hapkido rank intensive June 16-20. TKD and Safari camps follow in July and Aug.

## **Little Dragons Program Addition**

If you haven't heard at testing or in class, our little dragons curriculum is currently implementing a new safety skills program. The main units will rotate with each testing cycle in a similar format. Those units are body safety (drugs, poisoning, hygiene, minor injury care and prevention, etc), environmental safety (traffic safety, fire safety, bicycle safety, etc.) and stranger danger. For a dragon, self defense is more likely to include these things than surviving a street brawl. We hope to compliment and reinforce what is being taught at the home and in school. We are excited to more formally include this added value in our program.

## **Demo Team—it is show time again!**

We will be performing our demo show at this years Relay for Life on Friday June 6<sup>th</sup> at 6:00 pm. We hope to have as many people on the team as possible make it, but we will have to finalize a slightly different line up. Hapkido will also have a stronger presence in this demo, so Hapkido students need to get their parts down ASAP.

Once again, we will be having demo team practices on Friday night during the fighting fit slot to get everyone back in sync, starting this Friday! We may have a weekend practice as well.

If you are not currently a part of demo team but are interested, you may attend the practices and try to catch up. There is no guarantee that you will be able to perform at this show, but will be better off for future shows.

*We are very fortunate to have been given this primetime slot at 6:00 pm! It should be very well attended and this is our chance to make the general public notice what a show we can put on! We really need the team to show up in force—that is what the team is for—stepping up and putting on a good show.*