



GMA NEWS

Feb 05

BILL KIPP is Returning to Reload our FAST program

While details are still being worked out, we are excited to announce that world-renowned self-defense expert and founder of the FAST defense program, Bill Kipp, will be returning to GMA in March. He will be catching some of our FAST team members up on some advanced certifications and will be guest instructing several classes. This is a chance to get woofed on by the master himself. As the only FAST program in the state, we are proud to be able to bring our students another chance to get the best in self-defense training. If you haven't done a FAST class before, there simply isn't anything as easy and as effective for improving self-defense. *These classes are great for parents and others who don't have the time to dedicate to extended martial arts practice, but want to get some real solid self-defense training.* In addition, with Bill Kipp's arrival, we are planning on offering for the first time a **multiple assailants** seminar. Because of the number of bulletmen needed, **this will likely be the only time we offer this FAST course.** Classes will be held at all GMA locations—DPU, GMAM, and GMAE. Class types and schedules will follow in March, but mark the weekend of March 12th.

MOVIE NIGHTS

We are not sure who is more excited about the release of *Mulan II*, the kids or some of our instructors. Either way, we needed an excuse to get the movie! We have planned movie showings for both schools: Feb 11 for TKD students at GMAM, Feb 12 for all students at GMAE, and Feb 18th for lil dragons at GMAM. It is a chance for our students to enjoy some fellowship and perhaps our parents can find time to go out to dinner or find some quiet time. Friends are also welcome, but watch for sign ups so we have an accurate head count.

GREEN BELT/PURPLE BELT ADJUSTMENT at GMAM

As our advanced class continues to grow, we are running out of room for the last class of the evening. As a short term solution, we are going to condense the green belt and purple belt classes together. Purple belts will move back to the 6:00-6:45 time slot, beginning on *Tues, Feb 15th*. This will not affect the green belts, except that they will soon have some more classmates.

Happy Birthday to the following students this month:

GMAE:

Caleb Bailey	Feb 6 th
Gavin Guy	Feb 25 th

GMAM

Reese Elliot	Feb 5 th	Clayton Underwood	Feb 22 nd
Thomas McGuire	Feb 14 th	Remington Luttrell	Feb 22 nd
Bobby McKinney	Feb 16 th	Taylor Green	Feb 26 th
Zachary Rupert	Feb 16 th	Riley Bowling	Feb 28 th
Tamela Chitton	Feb 17 th		

Quotes of the Week

The U.S. Olympic team. "They're not just out there every four years, they're out there every day." We will be relating this slogan to the importance of regular practice and hard effort behind the scenes to upcoming tournaments, black belt tests, demos, etc.



Upcoming Events:

- Feb 5th *TKD 1st kup and black belt training session* 8:00 am –10:00 am. Special black belt training and black belt preparation class for those who are eligible in the spring.
- Feb 5th *Leadership Team* 10:00-11:00 am
Demo Team 11:00-12:00 am
- Feb 5th *Hapkido black belt class* 1:00-3:00
- Feb 11th Movie Night for TKD students at GMAM—Mulan II from 7-9
- Feb 12th *Lil Dragon Testing*. This testing will be held at GMA-Ellettsville. White/yellow belts will test from 9:00-10:30. Orange and green will test from 10:30-12:30, and upper ranks will test from 12:30-1:30.
- Feb 12th Movie Night (day) at GMAE: TKD and Lil Dragon students are invited to watch Mulan II with us from 2-4
- Feb 18th Movie night for Lil Dragons at GMAM—Mulan II from 7-9
- Feb 19th Tai Chi seminar series. Everyone is welcome, whether you were able to make the last seminar or not. 9-12 at GMA-Martinsville
- Feb 26th *Master Whalen Hapkido seminar* in Great Lakes IL. We just got word that Master Whalen is having heart surgery for a congenital defect in early Feb, so we are presuming this seminar, which we have been eagerly anticipating, will be postponed. We will keep you posted. In the meantime, please keep Master Whalen in your thoughts and prayers.
- March 5th *IU Friendship tournament*—DPU college team only.
- March 12 [FAST Weekend: classes at DPU, GMAM and GMAE with FAST founder Bill Kipp](#)
- April 2nd *USHF Spring Seminar*, hosted by GMA at DePauw University
- April 9th *TTCA Spring tournament* in Louisville and black belt test

Training Anniversaries

Congrats to those students who this month have completed a years worth of training. We appreciate your hard work and dedication.

- | | |
|-----------------------------------|------------------------------------|
| Devin Arthur (GMAE, TKD 1 yr) | Tre Bower (GMAE, LD 1 yr) |
| Victoria Curtis (GMAE, LD 1 yr) | Scotty Denewett (GMAE, LD 1 yr) |
| Andrew Fields (GMAE, LD 1 yr) | Trenton Henderson (GMAE, LD 1 yr) |
| Caleb Bailey (GMAE, TKD 1yr) | Collyn Dodge (GMAM, TKD 2 yrs) |
| Lynn Miller (GMAE, TKD 2 yrs) | Chad Moffatt (GMAE, TKD 2 yrs) |
| Daniel Jones (GMAM, TKD 3 yrs) | Neal Fashimpaur (GMAM, TKD, 4 yrs) |
| Marc Shotts (GMAM, HKD, 3 yrs) | Mike Ksenak (GMAM, HKD 4 years) |
| Jayse Willhardt (GMAM, TKD 4 yrs) | |



GMA—helping to REVERSE THE TIDE

Starting in Mid-Feb, you will notice that GMA schools will be selling green rubber wristbands, similar to ones used for the Live Strong campaign or other causes. This one says Reverse the Tide, and all the money for these two dollar bracelets goes towards Tsunami relief (through missions work, not some bureaucratic international governmental organization). First, allow me to elaborate on the significance of the bands. Green represents life, the band represents the unified effort of people banding together. The inspirational passage for the project is

Many Waters Cannot Quench Love; Rivers Cannot Wash It Away – Song of Songs 8:7 (NIV)

The actual slogan obviously refers to reversing the destruction and suffering as a result of the initial tidal wave. I am quite enthused about the project in its own right, and it really doesn't need any further significance. But the more I think about it, I believe that "reverse the tide" has a second meaning for Gentry Martial Arts. In fact, we could make it our slogan for this year. (not to take away from the original intent, which as stated, needs no additional importance).

You see, we may not live on an affected coastline, but I believe our society is taking the brunt of a tidal wave as well. (and no, I am not talking about the flooding of the white river and other areas either). I am talking about the flood of social ills that is washing over our country, particularly our youth. Problems that everyone bemoans but very few do anything to correct. In fact, most remain part of the problem. I am talking about the tidal wave of disrespect in society. About notions of personal responsibility and accountability being washed away. About the muddy waters or moral relativism. About the once noble qualities of character and conviction being buried in a quagmire called political correctness. About the wall of bullying that sweeps through our schools and workplace, with many people not equipped to stand against it. A tidal wave of hate, of not my problem-what's in it for me-lack of compassion. I find it ironic that many of the same people who gave to the tsunami relief more frequently add to the height of the tidal wave facing our society.

While most everyone regrets these changes, most everyone also seems resigned into accepting them as if they were a force of nature that cannot be stopped. We at GMA, on the other hand, choose to be part of the solution; we will take our stand against it. Our classes and programs are intended to give our students the confidence and courage to make those stands against a wave of opposition. They teach traditional values and respect—great barriers to indecency. We expect our students to take responsibility and be proactive, habits that they will hopefully take with them while they become leaders—qualities that are being washed away or buried in our growing leadership crises.

We do not teach just another sport, we teach a way of life. A "Way" that doesn't yield to the incoming flood of negative influences. By living the martial way, we may even help pull other people out of the current.

In no way am I trying to trivialize the very real loss of those affected by a tidal wave that was far from metaphorical. But as we wear them, I hope we can remember the double meaning and what the martial arts can do to help us "be more." Besides, showing we care, or perhaps, learning how to care, is part of "being gentry," so the two causes go hand in hand. As far as the cause, I believe in my church and am confident all the money will go directly to where it is supposed to go. Anyone wanting more information can go to <http://reversethetide.com> (no www.).

There is a tsunami bearing down on us, and we want and expect our students to stand against it.

---BLS