



# Aug 06 NEWS

\*\*\* Good luck to all of our students who will be competing at the fair\*\*\*

## Upcoming events:

July 29	Tai Chi seminar 1-4
Aug 5 <sup>th</sup>	Leadership Team 9:00-10:00
Aug 5 <sup>th</sup>	Demo Team 10:00-12:00
Aug 5 <sup>th</sup>	Stickfighting seminar 1:00-3:30
Aug 7-11	TKD daycamp II 9:00-3:30
Aug 8 <sup>th</sup>	Informal demo at the Waters 7:00-7:30. Classes still meet
Aug 11 <sup>th</sup>	School Pool Party-Jimmy Nash park 7:00-9:00
Aug 12 <sup>th</sup>	TKD brown belt class 9:00-10:00
Aug 12 <sup>th</sup>	TKD black belt class 10:00-11:30
Aug 12 <sup>th</sup>	HKD black belt class 12:30-2:00
Aug 12 <sup>th</sup>	Demo team practice 2:00-4:00
Aug 14 <sup>th</sup> -18 <sup>th</sup>	TKD daycamp III * ( <i>there are still few spaces left in this camp</i> )
Aug 18 <sup>th</sup> -20 <sup>th</sup>	Dr. Yang seminar in Indy (Tai Chi, chin-na)
Aug 19 <sup>th</sup>	Laser tag party for summer attendance 10:00-12:00
Aug 25 <sup>th</sup>	<i>Projected date</i> of TKD testing
Aug 26 <sup>th</sup>	FAST Adult Basics class 9:00-12:30
Aug 26 <sup>th</sup>	HKD black belt testing and ceremony 1:00-5:00

## Other dates

Sept 9 or 16	Caique BJJ seminar at IU (date TBA soon)
Sept 23 <sup>rd</sup>	Dr. Yang Seminar in Memphis, TN
Sept 23 <sup>rd</sup>	TKD tournament in Bedford, IN or Omaha, Neb.
Sept 29-30 <sup>th</sup>	FAST Weapons Course (Bill Kipp visits)

\* It is still not too late to sign up for the few spots left in the TKD daycamp III!

\*\*Demo team—watch viewpoint for announcements on when each group should show up for Friday practices

The following is a *tentative* schedule:

July 28 <sup>th</sup>	Opening (everyone)
Aug 4 <sup>th</sup>	Opening sparring (TKD bb only)
Aug 11 <sup>th</sup>	Bruises—Self defense only (must be teenager or older to be eligible)
Aug 18 <sup>th</sup>	Anthem—Girls only

## The Bulletmen are coming! FAST founder Bill Kipp Coming in Sept.

We are very excited to announce that world re-known self-defense expert and founder of FAST Defense, Bill Kipp, will be coming to further certify our FAST team and allow us to lead a brand new FAST course module—**Weapons**—on Sat. Sept 30<sup>th</sup>. Come see the FAST response against stick, knife, and gun attacks. Adult class only.

For those who haven't been initiated into FAST yet, we are going to hold a FAST Basics course on Sat. Aug 26<sup>th</sup>. This is a great chance to get caught up or catch a refresher before Mr. Kipp comes in Sept.

As we have stated with the kids—it is our sincere hope that every student experiences a FAST course sometime in their martial arts career. We feel there is no other program that helps students translate what we do in class into real-life self-defense like martial arts.



## **GMA Wishes a Happy Birthday to:**

Grant Wolfla	8-4	Sean Lamar	8-4	Ryan McComas	8-6
Vicki Hamilton	8-9	Corey Rose	8-12	Trent McLain	8-12
Greg Law	8-12	Josh Stecher	8-14	Anthony White	8-15
Jeremiah Deckard	8-16	John Pia	8-17	Nina Law	8-18
Kira Weaver	8-19	Alli Pounders	8-21	Josh Boren	8-24
Ryan Clark	8-27	Patrick Mosby	8-27	Adam Hamilton	8-28

**Training Anniversaries**--Special congrats for everyone who is celebrating a year or multiple years of training with us.

John-Michael Murphy (TKD 5yrs)	Riley Bowling (TKD, 4 yrs)	Bailey Fowler (TKD, 2 yrs)
Austin Fowler (TKD, 2 yrs)	Kevin Fowler (TKD, 2 yrs)	Ashley Luttrell (TKD, 2 yrs)
Brett Luttrell (TKD, 2yrs)	Cora Berkebile (LD, TKD 2yrs)	Ryan McComas (TKD 1 yr)

## **Quotes of the week/ Ways to respect your teachers**

This month's character development and martial arts philosophy will revolve around respect...more specifically, respect for your teachers. It is time to do our annual assignment on ways to respect your teacher during the back to school time. It is our hope that students will use this opportunity to get off on the right foot at school and set the tone for a successful school year. Please look for the handout during class.

This year we will also be handling our monitoring of classroom performance a little differently. We will be talking about this a bit later.

## **Summer Attendance Reward Party set**

Those students who have managed to stay on track with strong training attendance this summer will have their reward party on Aug 19<sup>th</sup> at Lazerlite laser tag in Bloomington. Due to the number of students who qualify and the limitations of laser tag game, we will likely split the party into two groups—one from 10:00-11:00 and another from 11:00-12:00. Please watch for sign ups so we can anticipate whether we need both hours or just one. We need to know a week in advance with the exact number. GMA will be paying for the laser tag, but students will be responsible for concessions and the arcade.