



# GMA News Feb 08

## Upcoming events:

Feb 9 <sup>th</sup>	Brown/Black belt class trip to GM Choi. Leave at 8:00 am
Feb 9 <sup>th</sup>	FAST adult basics at Harrison Co. TKD school
Feb 9 <sup>th</sup>	BJJ class make up 9:00-11:00
Feb 16 <sup>th</sup>	FAST Extravaganza 10:00-4:00
Feb 16 <sup>th</sup>	Deadline to order black belt warm ups
Feb 23 <sup>rd</sup>	Lil Dragon Testing: beginning 9:00-10:30; int/adv 10:30-12:00
Feb 23 <sup>rd</sup>	Professor Caique seminar at GMA!!! 1:00-4:00
Feb 29 <sup>th</sup>	HKD testing 7:00
March 1 <sup>st</sup>	IU Friendship TKD Tournament (DPU only)
March 1 <sup>st</sup>	MMA style workout with Jason Winkle and Fight night 6:30-9:00 and then UFC
March 8 <sup>th</sup>	TKD BB prep class TBA
March 15 <sup>th</sup>	Demo Team performance

## Other dates

April 5 <sup>th</sup>	USHF Spring Seminar at Indiana State
April 18-19 <sup>th</sup>	TTCA black belt testing and TTCA tournament, Louisville KY

## Get your rooms reserved now for TTCA tournament!

The TTCA has reserved several rooms blocked at the tournament location: Holiday Inn on Hurstbourne Lane. However, we don't want our students to be without rooms, so we recommend getting your reservations ASAP. Call 1-502-426-2600 for reservations. People who attended last year mostly agree that this hotel is more family friendly with pool, free breakfast, no parking fees, etc. Make sure to mention the tournament to get the group block.

## Demo Team news/notes

- Demo practices resume on Friday evenings from 6:30-7:00 on Feb 29<sup>th</sup> and will run through April
- Demo team has a performance scheduled: March 15<sup>th</sup> for the boys and girls club fitness fair. Not only is this a community event we want to support, but it also will serve as great practice before our big show at the TTCA tournament.
- Competition team will be set mid March.

## GMA Wishes a Happy Birthday to:

Tyler Stocke (2-4)	Kyle Metz (2-4)	Faith Hopkins (2-4)
Reese Elliot (2-5)	Nathan Kross (2-5)	Thomas McGuire (2-14)
Sarah Wright (2-14)	Maggie Coffey (2-14)	Zach Rupert (2-16)
Zach Woodley (2-17)	Rob Pounders (2-17)	Karissa Pope (2-18)
Ruth Ann Honaker (2-20)	Amy Law (2-26)	Travis Holman (2-27)

## Training Anniversaries

Collyn Dodge (TKD 5 yrs)	Miki White (TKD 5 yrs)	Brenner Williams (TKD 5 yrs)
Cameron Adamson (TKD 4 yrs)	Sam Greenkorn (TKD 4 yrs)	Ariel Stuard (TKD 3 yrs)
Clayton Smith (TKD 3 yrs)	Greg Hamilton (TKD 2 yrs)	Alex Hamilton (TKD 2 yr)
Brenden Fearrin (TKD 2 yr)	Andrew Baugh (LD, TKD 2 yr)	Sarah Honaker (LD 2 yrs)
Payton Drake (TKD 2 yr)	Chandler Drake (TKD 2 yr)	Noah Dillon (LD 1 yr)
Will King (LD 1 yr)	Ethan Simpson (LD 1yr)	Jayden Dent (LD 1 yr)
Sarah Smith (TKD 1 yr)	Josh Eskonen (HKD 1 yr)	



## Parents Committee Notes

The parents committee is planning on hosting a couple of events around the upcoming spring tournament. We hope to organize a game night for all the competitors after the tournament that evening as well as a “celebration” back in Martinsville shortly afterwards.

The parents committee is moving forward in purchasing the defibrillator. Thanks to all who supported the effort to get it!

## Quotes of the Week

**Since we discussed new years goals in Jan., this month we will be discussing following through on our goals and overcoming the obstacles that might come up along the way.**

## Valentines Day Passes Coming Soon

**Don't forget to look out for our annual Valentine Day Guest Passes to share with your friends. If they bring one in, they get the bonus and you still get the referral credit on your tuition.**

## We don't need no stinkin building, Just Chong Shin

Chon Shin....indomitable spirit. We punch in cadence to it at the end of virtually every TKD class. I guess it is something to you take for granted when you start looking at things from that perspective. The recent events concerning the storm damage have left me a little pensive about the concept.

Of course, as most of us are aware by now, the building holding the school is more or less fine. It was the vacant addition that was leveled. As rumors and not much more credible news stories reported that the building that housed us was destroyed, we were inundated with calls as the rumors abound. We would still appreciate everyone helping to set the record straight on any lingering misconceptions. To quote Mark Twain, the rumor of our demise has been greatly exaggerated. Of course, it did make for an interesting Tuesday evening.

One of our other black belts commented on how well controlled and organized our emergency plan to the back was, although we could always do better. Some of our parents had a 3-d look at debris narrowly missing them in the parking lot, though no one was hurt. I was impressed at the speed and numbers of police and firefighters that came to the scene.

As one of the parents was commenting on the degree of power outages, Mr. Sledd and I looked at each other, shrugged, and near simultaneously said, “You don't need lights to do jiu-jitsu!” It is mostly done by feel. It honestly wouldn't have been the first time we have had to have class in the dark. We once had black belt club in the dark. While it forces me to change the lesson plan in a hurry, as it isn't a good idea to try to block kicks to the face when you can't see them coming, there are lots of other sensitivity drills one can do that rely little on visual stimulus. So while people were a bit shaken up and there was obviously going to be a big clean up, and although we no longer had power (and some of us didn't get it till 2.5 days later), in the grand scheme of things, it was time to get back to business as usual. I was about ready to line everybody back up and finish the discussion I was having before we ran for shelter. As it was during an advanced class of brown and black belts, there were a good portion of students who were prepared and expecting the same, a fact I am proud of.

Apparently the police and firefighters thought differently, and expected us to evacuate the building. I am not going to argue the validity of their request, as they had a job to do and I respect their authority, but I was disappointed in not getting to take BJJ class. But the reason I share this with you, is that even if the building would have been leveled, we would've had class in the parking lot the next night if it were possible. Chong shin says you might have had a pretty big disruption, but now get back to work. Chong shin says you have might have obstacles, but you don't make them excuses. Chong Shin says the mission hasn't changed. I am proud of how many of our students took on that same attitude of chong shin during strange and difficult circumstances. I am sure most of us never really stopped to think about how our perspectives of indomitable spirit have grown. In fact, maybe I wouldn't have either if it weren't for the fact that I got asked a zillion times the next day what we were going to do. I thought to myself, “What an odd question to ask a martial artist.....HAVE CLASS!” ---BLS

