



May 2012 GMA Newsletter

Upcoming events:

May 4 th	HKD black belt make up test 6:30 pm no Friday HKD classes
May 5 th	TKD black belt strip testing 9:00-10:30
May 5 th	Annual school picnic and break a thon 11:30-3:30
May 6 th	BJJ seminar with Mr. Sledd at DePauw 12:00-4:00
May 11 th	TTCA testing 5:30
May 12 th	TKD Black belt prep class 9-10:30
May 12 th	TTCA Black belt ceremony, Louisville main school, 1:00 pm.
May 19 th	FAST CLASSES, Lexington KY
May 24 th	Korea trip pics and report after BBC
May 26 th	Spring clean day at the school—help is welcome
May 28 th	No class- Have a great Memorial Day
June 2 nd	Tentatively demo team and stickfighting
June 9 th	TTCA “summer camp”—Louisville 10:00-6:00
June 9 th	Hoosier Open BJJ tournament
June 19-21	Broadsword camp 9-3:00
June 2-28	Lil dragons camp 9:00-1:00
June 23 rd	FAST Adult Basics, Lexington, KY
July 6-8	Tai Chi seminar with Master Chen, B-ton
July 9-13	TKD daycamp
July 16-20	HKD daycamp
July 21 st	World Champion Mendes brothers BJJ seminar
Aug 6-10	TKD daycamp
Oct 20 th	TTCA fall tournament date has been set

Break-a-thon and annual school picnic

It is time for our annual school picnic and break-a-thon to benefit our scholarship program—which provides scholarships for students to become or stay involved in martial arts. Some of our own students benefit from this fund, so we need your continued support, plus it is great chance for our students to get a lot of breaking practice! The break-a-thon will begin at 12:00 (arrive at 11:30) with a picnic and fun and games to follow. This year we will be having it at Pritchard Park (off Blue Bluff Rd). Parents committee will provide the main dish please sign up according to belt rank to bring side dishes, desserts, ect. Students DO NOT need to wear doboks to the breakathon (egg toss appropriate clothing strongly encouraged).

Mothers day invitation

As usual, our students are welcome to invite their mom, grandma’s, etc to class the week following Mothers day. We will plan classes to have you and your child interact and share the martial arts experience. While you are at it, feel free to try out any other class including our lunchtime hapkido and morning tai chi classes.

Congrats to our new black belts and more

We welcome 9 new black belts to our TKD ranks (making 99 total in TKD). Congrats to Mr. Ethan Minton, Mr. Christian Marion, Miss Haley Sieg, Miss Trinity Britton, Mr. Drew Berggren, Mr. Zac Speer, Mr. Jon Speer, Mr. Jordan Mascoe, and Mr. Tim West.

Also congrats to our newest Lil dragon graduate—Reece Satter.

And our seniors: As the school year wraps up, we want to take a moment to congratulate our seniors in both high school and college. (we assume they will finish the job!)

From DPU: Mr. Jordan Mascoe, Kaitrin Higbee, Tavian Lucas,

From high school: Colton Owen, Alex Hermann, Carl Underwood, Jonny Harmon, Ethan Minton and Branden Mason (early).



Sign up now for Day Camps/Summer camps

First, sign up right away for the TTCA summer camp June 9th. The format will be like last year. It will still fulfill the event and point requirements for TTCA dan ranks.

We are now taking sign ups for our GMA daycamps. These are week long intensive training sessions from 9:00-3:30 each day. They are the equivalent of 30 classes and 3-5 points and cover a full belt rank's material in one very serious week. History and philosophy, how to write the black belt papers, and other knowledge not normally covered in class is also taught. While eating lunch, the education continues with video footage of Korean martial arts or related fields. And there is still time for some fun and games like martial arts dodgepad. Large discounts are available for multiple camps or multiple family members. Additionally, get the discounted rate if you pre-register the month of May.

HKD day-camp: July 16-20

TKD day-camps: July 9-13, Aug 6-10.

Lil dragons camp will be June 26-28

And announcing a brand new, one time camp—Broadsword: We have arranged for guest instructors from IU to teach actual Broadsword techniques (no theater stuff—honest to goodness like they did in the age of knights) This is an extremely rare chance to get a unique learning opportunity to compare/contrast European weaponry to our Asian styles. Camp is set for June 19-21. Cost includes rental of all the gear except a pair of batting gloves or something similar.

GMA Wishes a Happy Birthday to:

Dominic Tejera	5-3	Kelsey Wagoner	5-8	Jenna Alexander	5-8
Colten Lynn	5-16	AJ Bottorff	5-18	Savanna Alexander	5-20
Eliza Vendewalle	5-22	Kendall Cragen	5-22	Ryan Spires	5-25
Kaitlyn Nolan	5-27	Jonny Harmon	5-28	Miki White	5-30

Training Anniversaries

Dana Elliott (LD, TKD 5 yrs)	Luke Wilson (LD, TKD 4 yrs)	Nate Wilson (LD, TKD 4 yrs)
Karissa Cozee (TKD 3 yrs)	Lise Roberson (HKD 3 yrs)	Eric Adams (LD,TKD 3 yrs)
Donovan Sieg (LD 2 yrs)	Rebekah Wiley (HKD 2 yrs)	Collyn Dodge (HKD 2 yrs)
Emerson Blankenship (LD 1 yr)	Aiden Blankenship (TKD 1 yr)	Sheridan Flint (HKD 1 yr)
Jonathan Hawthorne (TKD 1 yr)	Nathan Hawthorne (TKD 1 yr)	

Quotes of the Week

This May, as Heroes in Training, we will be looking at the stories and learning from some real life heroes (medal of honor recipients) in honor of Memorial Day.

This Month in Martial Arts History (selected from “Dates with Destiny” in *Martial Arts Success* by John Corcoran. 1984—Ninja Turtles debuts (in comic form)

May 1st 1971—Billy Jack, featuring HKD master Bong Soo Han, premiers (it is released in 73 and helps fuel the Martial arts boom

May 20, 1975 –KTA in Korea consolidates the “kwans” as part of the unification effort of TKD. The CDK is assigned kwan #9.

May 25-27, 1973 First world TKD championships held at the Kukkiwon. The WTF is founded the next day.

May 27,1949. Shotokan founder Gichin Funakoshi founds the Japanese Karate Assoc, helps to spread Karate worldwide



Tournament Results

TKD: Altogether our team of 40 competitors brought home 48 trophies—25 forms and 23 sparring. Some divisions were quite full, some were light, but we are proud of everyone’s performance. Highlights included sweeping men’s brown belt forms, peewee brown sparring, and taking the top two in both boys and girls junior black belt sparring. Also thanks and congrats to our demo team. Congrats to those who placed (we apologize for any mistakes or omissions, please let us know if there are any so we can correct our records).

Christian Marion	1 st forms	1 st sparring	Gabe Wilson	1 st forms	1 st sparring
Rebekah Wiley	1 st forms	1 st sparring	Trinity Britton	1 st forms	1 st sparring
Anthony DePasquale	1 st forms	1 st sparring	Haley Sieg	2 nd forms	2 nd sparring
Luke Gamble	2 nd forms	2 nd sparring	Kylie Yoshida		4 th sparring
Kyler Chylaszek	2 nd forms	4 th sparring	Jake Waltz		4 th sparring
Morgan Williams		2 nd sparring	Ethan Minton	1 st forms	
Annabelle Cleary	4 th forms		Erica Honaker		1 st sparring
Austin Brummett		4 th forms	Tina Huff	2 nd forms	
Kalie Matherly	3 rd forms		Jeff Huff		4 th sparring
Thomas Huff	2 nd forms		Elijah Roberson	1 st forms	
Jayden Brooks		3 rd sparring	Sabrina Chouinard		4 th forms
Noah Wilson	2 nd forms		Nate Wilson		2 nd sparring
Luke Wilson	4 th forms		Kyle Wrightsman	3 rd forms	2 nd sparring
Ryan Jerome	3 rd forms	3 rd sparring	Noah Lambert-Adams	3 rd forms	2 nd sparring
Trance Behling	3 rd forms	3 rd sparring	Dominick Spires	2 nd forms	4 th sparring
Aleah Spires	3 rd forms		Ryan Spires	2 nd forms	
Tim West	3 rd forms		Jordan Mascoe	4 th forms	2 nd sparring

Also, congrats to our competitors from EGO in April—those who placed included (gi and no gi divisions):

Bryan Neal- 1 st and 1 st	Jake Waltz 2 nd and 2 nd	Dominic Tejera 3 rd no gi
Noah Wilson 3 rd gi 2 nd no gi	Trance Behling 3 rd no gi	

Hearing One Voice.

While prepping for recent tournaments in both TKD and BJJ, we discussed the importance of listening to your coach. More importantly, ONLY listen to your coach. It is important to have that one voice (maybe two) that you can pick out of the crowd. It is weird, but there have been hundreds of people yelling during one of my bigger matches, but it was all background (although loud), while my coach’s voice cuts through everybody else’s and comes in crystal clear. Or I could hear my instructors’ voice from across the gym when I had a hard time hearing people right beside me. Often, a lot of well-meaning teammates can be half cheering, half coaching. It creates a din of noise, often with contradictory advice. A classic example of too many cooks. Thus, the importance of having that one voice that you trust to pierce the noise.

Recently, I was also listening to my daily dose of sports radio and heard one of the top coaches in the country make a familiar lament. He said one of the biggest negative changes with coaching college kids is that there is an ever increasing distraction of “other voices.” Used to be, people listened to and trusted the coach for the sake of the team. Nowadays, parents clamor about their kid not being utilized in the right way, agents are in their ear about making sure they get their numbers for the pros, friends are telling them they are the man and need the ball more, etc. There are more self-interests and egos that pull in many directions and ultimately makes the player work against the collective good.

I have seen the similar thing. The little league dad or couch potato UFC expert who think they know how we should run our school. I say school, rather than classes, because I believe many of the life lessons in the martial arts are learned in the culture of the martial arts school and not necessarily on the mat, although they are typically related. The kid who takes a few classes and then thinks we don’t teach real martial arts, even though I can point to a dozen people in the room who have far exceeded anywhere close to where he is going to get. Or even the more experienced student who



questions why we do a certain drill, or why do moves a certain way. I recently had a hapkido student at IU who constantly questioned the way we did things, because in his limited view from taking a whole semester of BJJ (like I haven't done that much BJJ) he thought it wouldn't work. It was more of a case of he couldn't do the technique right to begin with than a technique flaw. What's worse, he wanted to teach everyone else in the class because he knew better...and usually the wrong way.

At the last TTCA tournament, I had the chance to watch/coach our junior black belts in some intense matches. We won 3 out of 4 places. Another spectator (parent maybe) wasn't seeing the matches as I was, and after our guys won, kept telling me how he didn't agree. I stopped short of being rude ("unless you have a scorecard in your hand, I don't give a rip how you saw it."). I am not saying I am perfect and get every call right. But my point is that it highlights the danger of listening to too many voices.

Again, let me reiterate that I don't believe our instructors are above reproach and can't improve. I also hope that our students and parents who have questions and concerns feel that they can approach our staff with them. Sometimes, they have real legitimate points and that is how we grow and improve. Other times, we have a different perspective, and at least we can share that (often, that is a teaching moment). But I expect our students to do it in a way that is respectful, rather than insulting, as if we hadn't thought of something basic. There have been a few times that parents knew so much about teaching martial arts and when their kid is ready to test, I have wanted to suggest they should teach their kids themselves. More importantly, when these erroneous opinions are expressed to other students/parents, it works against the collective good.

Sometimes, well-meaning people can create a "too many cooks" scenario where too many people are coaching at once. Often it just leads to confusion—both in and out of the ring. Their needs to be a single voice—one coach with the overall strategy and game plan. Admittedly, sometimes that strategy isn't perfect or isn't executed the best, but it is adopted with the genuine belief it stands the best chance of leading to success for everybody. I hope our students can appreciate that and play their role in Team Gentry.--BLS