



GMA News April 2013

Congrats to our new black belts, BJJ promotions, and good luck to others

Congrats to our next black belts: Mr. Elijah Roberson and Miss Megan Gens.

Congrats to our major BJJ promotions: Branden Mason (blue belt) and David Yoshida (purple)

Good luck to our HKD belt candidates: Lise Roberson, Dakota Dalton, and Trina Malano.

Upcoming events:

- April 5th Black belt stripe testing 6:30 pm
- April 6th USHF Sping seminar—hosted by GMA—9:00-5:00
- April 12th Parents committee meeting 5:30
- April 13th TTCA black belt ceremony—Louisville 1:00 pm
- April 13th Bedford TKD tournament
- April 20th Stickfighting 9:00-12:00
- April 20th Hapkido belt testing 1:00 pm
- April 26-28 Best selling self defense author and instructor Rory Miller at GMA and DPU
**NO REGULAR CLASSES BEING HELD FRIDAY April 26th
- May 3rd TTCA Testing 5:30
- May 11th Annual Break a thon and school picnic
- June 1st TTCA CAMP
- June 1st Hoosier Open BJJ tournament

Summer day-camp dates are set

Some people have been asking about this year's date of our popular day-camps. More details will follow, but we wanted to announce the dates so people can start planning for our intensive training camps. Pre-registration discounts apply. Here is what we have:

HKD day-camp: June 10-14. Lil dragon camp July 23-25. TKD day-camp: July 8-12; Aug 5-9. We also are finalizing a 2 day Capoeira camp in late June!

Break-a-thon and annual school picnic May 11th

It is time for our annual school picnic and break-a-thon to benefit our scholarship program—which provides scholarships for students to become or stay involved in martial arts. Some of our own students benefit from this fund, so we need your continued support, plus it is great chance for our students to get a lot of breaking practice! The break-a-thon will begin at 12:00 (arrive at 11:30) with a cookout and fun and games to follow. This year we will be having it at Pritchard Park (off Blue Bluff Rd). Parents committee would welcome help with logistics.

GMA/DPU Hosting Self Defense Expert and Author Rory Miller

We are excited to announce that we are going to be hosting self-defense workshops by nationally renowned author and instructor Rory Miller. We are lucky to catch a break in his schedule touring the world to come to us. We normally have a FAST extrav this time of year. This event supersedes our extrav, as his work has been influencing our FAST extrav for the past couple of years. Now we have a chance to learn from the source (we plan to have the Extrav in the fall). Friday April 26th will be a communication/verbal class starting at 6:00 pm here at GMA. Sat/Sun will be a class entitled Ambushes and Thugs, running from 9:00 am-3:30 each day. **** We have 10 spots open for the Sat/Sun class at a discounted rate of 50.00 for GMA students. These are first come, first serve. After that, there are more slots for the larger martial arts community, at a higher rate of 80.00, and those too are first come, first serve. There are no limits on the Friday evening class (25.00). Sign up ASAP if interested. If you sign up for the Sat/Sun class, you get the Friday evening class for free.

We are excited to bring yet another world class expert to GMA for our staff and students to learn from. Don't miss this one time opportunity.



GMA Wishes a Happy Birthday to:

Mr. Noah Wilson	4-1	Isaac Merida	4-2	Xander Starnes	4-6
Korbyn Baker	4-9	Sabrina Chouinard	4-10	Charlie Gillaspay	4-11
Kody Gist	4-17	Mr. Todd Miller	4-18	Haley Sieg	4-23
Megan Gens	4-23	Cary Pochatko	4-24	Jordan Mascoe	4-26
Cathy Petraits	4-27	Troy Remster	4-28	Landon Carpernter	4-28

Training Anniversaries

Dan Wiggins (BJJ 7 yrs)	Sabrina Chouinard (TKD 7 yrs)	Finnegan Vandewalle (LD,TKD 5 yrs)
Elijah Roberson (LD, TKD 5 yrs)	Eliza Vandewalle (LD,TKD 5 yrs)	Jonny Harmon (TKD 4 yrs)
Logan Brinegar (TKD 2 yrs)	Adam Satter (LD 2 yrs)	Austin Brummett (HKD 1yr)
Cathy Petraits (TKD 1 yr)	Wesley Yoshida (LD 1 yr)	

Quotes of the Week

This month we will be reviewing some of the more famous GM Choi “isms”—sayings that make a difference in our practice and in our lives—like “A good artist doesn’t blame the pencil”

This Month in Martial Arts History (selected from “Dates with Destiny” in *Martial Arts Success* by John Corcoran.

April 7 1954. Jackie Chan’s Birthday

April 13 1913 (-Feb 2 2003) GM Won Kuk Lee (founder of Chung Do Kwan) birthday

April 15 1922 (-Oct 20 1982). Donn F Draeger (martial arts historian) birthday

April 26, 1963 Jet Li Birthday

April 1922 Gichin Funakoshi demonstrates karate in Japan—setting the course for Karate and TKD worldwide

April 11, 1955 the name Tae Kwon Do is adopted by committee to describe Korean martial arts

April 21 1993 Walker Texas Ranger starring Chuck Norris debuts

Tournament Results

TKD: Altogether our team of 35 competitors brought home 44 trophies—20 forms and 24 sparring. Some divisions were quite full, some were light, but we are proud of everyone’s performance. Of the eight black belt divisions we entered, we won 6 of them! We placed 10/16 in the finals in those divisions, and in three (nearly half) of them we took the top three places. Also thanks and congrats to our demo team. Congrats to those who placed (we apologize for any mistakes or omissions, please let us know if there are any so we can correct our records).

Christian Marion		3 rd sparring	Gabe Wilson	3 rd forms	2 nd sparring
Rebekah Wiley	2 nd forms	1 st sparring	Chelsea Schumacher	3 rd forms	2 nd sparring
Anthony DePasquale	1 st forms	1 st sparring	Haley Sieg	4 th forms	1 st sparring
Luke Gamble	1 st forms	1 st sparring	Kylie Yoshida		3 rd sparring
Kyler Chylaszek	2 nd forms	4 th sparring	Jake Waltz	1 st forms	3 rd sparring
Morgan Williams	2 nd forms	1 st sparring	Katherine Satter	3 rd forms	3 rd sparring
Cathy Petraits	1 st forms		Austin Brummett		4 th sparring
Donovan Sieg	3 rd forms	3 rd sparring	Megan Gens	1 st forms	3 rd sparring
Obed Soto	4 th forms	2 nd sparring	David Yoshida		2 nd sparring
Kara Yator	3 rd forms	2 nd sparring	Jayden Brooks	3 rd forms	
Sabrina Chouinard		2 nd sparring	Noah Wilson	3 rd forms	1 st sparring
Nate Wilson	1 st forms	1 st sparring	Luke Wilson		4 th sparring
Ryan Jerome	2 nd forms	1 st sparring	Noah Lambert-Adams	4 th forms	2 nd sparring
Ryan Spires		3 rd sparring	Tim West		1 st sparring